



Foods & Inns

Date: 29th September, 2026

To, BSE Limited The General Manager, Department of Corporate Services, P.J. Towers, Dalal Street, Mumbai – 400 001 Scrip Code: 507552	To, National Stock Exchange of India Limited Exchange Plaza, 5th Floor, Plot No. C/1, G Block, Bandra Kurla Complex, Bandra (East), Mumbai – 400 051 Symbol: FOODSIN
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Dear Sir/ Madam,

Reg.: Intimation regarding restriction period for trading in shares of the Company.

In terms of Clause 4 of the Schedule B of Securities and Exchange Board of India (Prohibition of Insider Trading) Regulations, 2015, the exchange is hereby informed that the trading restriction period will commence from October 1, 2026 till 48 hours after the declaration of the Unaudited Financial results for the quarter and half year ended 30-09-2026

Thanking You

For **FOODS AND INNS LIMITED**

Milan

Bhupendra

Dalal

Digitally signed by
Milan Bhupendra Dalal
Date: 2026.09.29
11:04:55 +05'30'

MILAN DALAL

MANAGING DIRECTOR

DIN: 00062453

Foods & Inns Ltd.

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Registered Address: Udyog Bhavan, 2nd Floor, 29 Walchand Hirachand Marg, Ballard Estate, Mumbai 400038