Talwalkars Better Value Fitness Ltd.
Regd. Off.: 801, Mahalaxmi Chambers, 22, Bhulabhai Desai Road, Mumbai 400 026.
CIN: L92411MH2003PLC140134; Tel.: 6612 6300. Fax: 6612 6363. Website: www.talwalkars.net

Talwalkars
Spreading fitness since 1932

Date: 31st May, 2018

To,
National Stock Exchange of India Ltd.
Exchange Plaza,Plot No. C/1,
G Block, Bandra-Kurla Complex,
Bandra (East), Mumbai - 400 051.

To,
BSE Limited
Corporate Service Department
Phiroze Jeejeebhoy Towers,
Dalal Street, Mumbai - 400 001.

Dear Sir,

Re: Talwalkars Better Value Fitness Limited; Scrip Name: TALWALKARS; Scrip Code: 533200.
Sub: Submission of Newspaper Cuttings in which Notice is published regarding Annual General Meeting, recommended Dividend and Book closure for the Financial Year 2017-2018

We enclose herewith Newspaper Cuttings dated 30th May, 2018 of Free Press Journal (English) and Nav Shakti (Marathi) in which Notice has been published regarding Annual General Meeting, recommended Dividend and Book Closure for the Financial Year 2017-18

Kindly take the same on your record and acknowledge receipt of the same.

Thanking You.

Yours faithfully,
For **Talwalkars Better Value Fitness Limited**

TALWALKARS BETTER VALUE FITNESS LTD. MUMBAI

Avanti Sankav
Company Secretary & Compliance Officer

Encl: As Above

THE FREE PRESS JOURNAL
MUMBAI | WEDNESDAY | MAY 30, 2018 www.freepressjournal.in

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Talwalkars

NOTICE

NOTICE is hereby given that pursuant to the approval granted by the Board of Directors in its meeting held on 7th May, 2018, dividend @ 5% (i.e. Re. 0.50/- per equity share of Rs.10/-) is recommended to the members.

NOTICE is further given that the 15th Annual General Meeting of the Company will be convened on **Thursday, 27th September, 2018** at M.C. Ghia Hall of Indian Textile Accessories & Machinery Manufacturer's Association, Bhogilal Hargovindas Building, 4th Floor, Kala Ghoda, 18/20, K. Dubash Marg, Mumbai – 400 001 at 11.30 a.m. The members of the of Company are requested to register their e-mail addresses or any changes in the already registered e-mail addresses with the Depositories for the purpose of the Annual Report for the year ended 2017 – 18. Annual Report will be dispatched in the physical form to the members who hold shares in physical form or have not registered their email address with the depository or have expressed their willingness to obtain Annual Report in physical form.

NOTICE is further given that pursuant to Section 91 of the Companies Act, 2013 read with read with the Companies (Management and Administration) Rules, 2014 and Regulation 42 of SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015 that the Register of Members and Share Transfer Books of the Company will remain closed from Saturday, 22nd September, 2018 to Thursday, 27th September, 2018 (both days inclusive) for the purpose of Annual General Meeting and payment of dividend for the financial year 2017 – 18.

NOTICE is further given that the Annual Report of the Company will be available on the Company's website **www.talwalkars.net** and at the registered office of the Company for inspection during office hours.

By Order of the Board
For Talwalkars Better Value Fitness Limited
Avanti Sankav
Company Secretary & Compliance Officer

Date : 28th May, 2018.
Place : Mumbai.

Talwalkars Better Value Fitness Ltd.
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Date : 28th May, 2018.
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