Talwalkars Better Value Fitness Ltd.
Regd. Off.: 801, Mahalaxmi Chambers, 22, Bhulabhai Desai Road, Mumbai 400 026.
CIN: L92411MH2003PLC140134; Tel.: 6612 6300. Fax: 6612 6363. Website: www.talwalkars.net

Talwalkars™
Spreading fitness since 1932

Date: 6th April, 2018

To,
BSE Limited
Phiroze Jeejeebhoy Towers,
Dalal Street, Mumbai - 400001.

To,
National Stock Exchange of India Ltd.
Exchange Plaza, Plot No. C/1, G Block, BKC,
Bandra (East), Mumbai - 400051.

Re: Talwalkars Better Value Fitness Ltd; Scrip Symbol: TALWALKARS; Scrip Code: 533200
Sub: Intimation of Resignation of Independent Director

Dear Sir,

We wish to inform you pursuant to provisions of Schedule III of Regulation 30 of SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015 that Mr. Dinesh Afzulpurkar (DIN: 05313394), Independent Director of the Company has resigned as Director from the Board of Directors of the Company with effect from 29th March, 2018.

We enclose herewith copy of his resignation letter, kindly take the same on your record and oblige.

Thanking You,

Yours Truly,

For Talwalkars Better Value Fitness Ltd.

Avanti Sankav
Company Secretary

Dinesh Kishanrao Afzulpurkar
P 11, 5 Buena Vista,
General Jagganath Bhosle Marg
Mumbai 400021

Date: 29th March, 2018

To
The Board of Directors
Talwalkars Better Value Fitness Limited
801-813, Mahalaxmi Chambers,
22, Bhulabhai Desai Road,
Mumbai – 400026

Dear Sirs,

Sub: Resignation from the Board of Directors.

This is to inform you that due to personal and unavoidable circumstances, I hereby tender my resignation from the Directorship of the Company. I request you to accept my resignation from the board with immediate effect and relieve me of my duties.

I wish to thank all the members for the support and co-operation extended to me during my tenure as a board member.

Thanking you,

Yours faithfully,

Dinesh Afzulpurkar
DIN: 05313394