Talwalkars Better Value Fitness Ltd.
Regd. Off.: 801/813, Mahalaxmi Chambers, 22, Bhulabhai Desai Road, Mumbai 400 026.
Tel.: 6612 6300. Fax: 6612 6363. Website: www.talwalkars.net CIN: L92411MH2003PLC140134

Talwalkars
Spreading fitness since 1932

Date: 7th December, 2015

To,
The Manager
Listing/Compliance Department,
National Stock Exchange of India Ltd.
Exchange Plaza, Plot No. C/1,
G Block, Bandra-Kurla Complex,
Bandra (East), Mumbai - 400 051.

To,
Mr. Wilbur Fernandes/Mr. Troydon Bird,
The Manager
BSE Limited
Corporate Service Department
Phiroze Jeejeebhoy Towers,
Dalal Street, Mumbai - 400 001.

Dear Sir,

Re:Talwalkars Better Value Fitness Ltd.; Scrip Name: TALWALKARS; Scrip Code: 533200
Sub: Decision of the Board Meeting held on 7th December, 2015.

This is to inform you pursuant to applicable regulations of the Securities and Exchange Board of India (Listing Obligation and Disclosure Requirements) Regulation 2015 that, the Board of Directors of the Company in its meeting held on 7th December, 2015 has considered and approved allotment of 250 Nos. – 10% Secured, Taxable, Redeemable, Non-Convertible Debentures of Rs.10 Lakhs each aggregating to Rs.25 Crores.

Kindly take the same on records and acknowledge the receipt of the same

Thanking You.

Yours faithfully,
For **Talwalkars Better Value Fitness Limited**

Avanti Sankav
Company Secretary & Compliance Officer