

Disclosures under Regulation 29(2) of Securities and Exchange Board of India (Substantial Acquisition of Shares and Takeovers) Regulations, 2011

Name of the Target Company (TC)	Jeena Sikho Lifecare Limited		
Name(s) of the acquirer and Persons Acting in Concert (PAC) with the acquirer	Manish Grover, Bhavna Grover, Mukesh Grover and Sahil Jain		
Whether the acquirer belongs to Promoter/Promoter group	Yes		
Name(s) of the Stock Exchange(s) where the shares of TC are Listed	National Stock Exchange of India Limited		
Details of the acquisition / disposal as follows	Number	% w.r.t. total share/ voting Capital wherever applicable(*)	% w.r.t. total diluted share/ voting capital of the TC (**)
Before the acquisition under consideration, holding of:			
a) Shares carrying voting rights	90,98,180	65.88%	65.88%
b) Shares in the nature of encumbrance (pledge/ lien/ non-disposal undertaking/ others)			
c) Voting rights (VR) otherwise than by shares			
d) Warrants/convertible securities/any other instrument that entitles the acquirer to receive shares carrying voting rights in the T C (specify holding in each category)			
e) Total (a + b + c + d)	90,98,180	65.88%	65.88%
Details of acquisition/sale			
a) Shares carrying voting rights acquired/sold	2,79,000	2.02%	2.02%
b) VRs acquired /sold otherwise than by shares			
c) Warrants/convertible securities/any other instrument that entitles the acquirer to receive shares carrying voting rights in the TC (specify holding in each category) acquired/sold			
d) Shares encumbered / invoked/released by the acquirer			
e) Total (a + b + c + d)	2,79,000	2.02%	2.02%

After the acquisition/sale, holding of: a) Shares carrying voting rights b) Shares encumbered with the acquirer c) VRs otherwise than by shares d) Warrants/convertible securities/any other instrument that entitles the acquirer to receive shares carrying voting rights in the TC (specify holding in each category) after acquisition	93,77,180	67.90%	67.90%
e) Total (a + b + c + d)	93,77,180	67.90%	67.90%
Mode of acquisition / sale (e.g. open market /off-market / public issue / rights issue / preferential allotment / inter-se transfer etc).	Open Market		
Date of acquisition / sale of shares / VR or date of receipt of intimation of allotment of shares, whichever is applicable	For Purchase of shares:	From 13/01/2023 to 12/09/2023	
Equity share capital / total voting capital of the TC before the said acquisition / sale	90,98,180/90,98,180 equity shares of 10/- Each		
Equity share capital/ total voting capital of the TC after the said acquisition / sale	93,77,180/93,77,180 equity shares of 10/- Each		
Total diluted share/voting capital of the TC after the said acquisition	93,77,180/93,77,180 equity shares of 10/- Each		

(*) Total share capital/ voting capital to be taken as per the latest filing done by the company to the Stock Exchange under Clause 35 of the listing Agreement.

(**) Diluted share/voting capital means the total number of shares in the TC assuming full conversion of the outstanding convertible securities/warrants into equity shares of the TC.

Signature of the acquirer / seller / Authorised

Manish Grover

Manish Grover
Promoter and Managing Director

Bhavna

Bhavna Grover
Promoter and Whole-Time Director

Sohel Jain

Sahil Jain
Part of Promoter Group

Mukesh Grover

Mukesh Grover
Part of Promoter Group

Place: *Zirakpur*

Date: *14/09/2023*