

Date: 22 Aug 2025

To, The Department of Corporate Services, Listing Department BSE Limited Phiroze Jeejeebhoy Towers, Dalal Street, Mumbai – 400001 Email: corp.relations@bseindia.com	To, The Listing Department National Stock Exchange India Limited Exchange Plaza, Bandra Kurla Complex Bandra (E), Mumbai-400051 Email: takeover@nse.co.in
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Dear Sir/ Ma'am,

Subject: Disclosure under Regulation 29(2) of Securities and Exchange Board of India (Substantial Acquisition of Shares and Takeovers) Regulations, 2011, for the disposal/transfer of equity shares of Sheela Foam Limited, by way of gift.

Reference: Target Company [Sheela Foam Limited (CIN: L74899MH1971PLC427835)], ISIN INE916U01025, BSE Scrip Code: 540203, NSE Symbol: SFL.

I, Namita Gautam, Member of Promoter Group of Sheela Foam Limited (“**Company**”), resident of E-3, Asola Homes, Near Raj Vidya Kender, Fatehpur Beri, South Delhi, Delhi-110074, India, hereby submit the disclosure under Regulation 29(2) Securities and Exchange Board of India (Substantial Acquisition of Shares and Takeovers) Regulations, 2011 (“**Takeover Regulations**”), for **Disposal/Transfer** of 92,57,638 (Ninety-Two Lakh Fifty-Seven Thousand Six Hundred and Thirty-Eight) equity shares of the Company, by way of inter-se transfer amongst the qualifying persons being immediate relatives, by way of gift through Off-Market Transaction, in the following manner:

Date of Transfer	Name of the Transferor/ Donor	Name of the Transferee/ Donee i.e., Acquirer	Relationship between Transferor/ Donor and Transferee/ Donee	No. of Equity Shares transferred by way of Gift	Percentage of Equity Shares transferred by way of Gift
20 th Aug 2025	Mrs. Namita Gautam (Member of Promoter Group of the Company)	Mr. Rahul Gautam (Promoter of the Company)	Mr. Rahul Gautam (Donee) is the husband of Mrs. Namita Gautam (Donor)	92,57,638 equity shares	8.52%

Please note that the aforementioned transfer, being an inter-se transfer amongst the qualifying persons being immediate relatives, falls within the exemption provided under Regulation 10(1)(a)(i) of the Takeover Regulations.

In this connection, necessary disclosure under Regulation 29(2) of the Takeover Regulations in the prescribed format, is enclosed herewith for your information and records.

Thanking You,



Namita Gautam

Transferor/ Donor/ Member of Promoter Group

Date: 22 Aug 2025

Place: New Delhi

Encl.: Disclosure under Regulation 29(2) of the Takeover Regulations

CC

To,

The Company Secretary

Sheela Foam Limited

Regd. Office: 1002 to 1006, The Avenue International Airport Road,
Opp Hotel Leela Sahar, Marol Naka, Mumbai, Maharashtra - 400059, India

Email: investorrelation@sheelafoam.com

**Format for disclosures under Regulation 29(2) of Securities and Exchange Board of India
(Substantial Acquisition of Shares and Takeovers) Regulations, 2011**

Name of the Target Company (TC)	Sheela Foam Limited BSE Scrip Code: Scrip code: 540203 NSE Symbol: SFL		
Name(s) of the transferor and Persons Acting in Concert (PAC) with the transferor.	Name of Transferor - Mrs. Namita Gautam Name of PACs with the Transferor – - Mr. Rahul Gautam - Mr. Tushaar Gautam - Mrs. Avantika Singh (being wife of Mr. Tushaar Gautam) - Rangoli Resorts Private Limited		
Whether the transferor belongs to Promoter/Promoter Group	Yes (Member of the Promoter Group)		
Name(s) of the Stock Exchange(s) where the shares of TC are listed	BSE Limited National Stock Exchange of India Limited		
Details of the acquisition/ disposal as follows:	Number	% w.r.t. total share/ voting capital wherever applicable (*)	% w.r.t. total diluted share/ voting capital of the TC (*)
Before the disposal under consideration, holding of transferor:			
a) Shares carrying voting rights	1,14,31,758	10.52%	10.52%
b) Shares in the nature of encumbrance (pledge/ lien/ non-disposal undertaking/ others)	-	-	-
c) Voting rights (VR) otherwise than by equity shares	-	-	-
d) Warrants/convertible securities/any other instrument that entitles the acquirer to receive shares carrying voting rights in the TC (specify holding in each category)	-	-	-
e) Total (a+b+c+d)	1,14,31,758	10.52%	10.52%
Details of disposal/transfer			
a) Shares carrying voting rights acquired / sold	92,57,638	8.52%	8.52%
b) VRs acquired /sold otherwise than by equity shares	-	-	-
c) Warrants/convertible securities/any other instrument that entitles the acquirer to receive shares carrying voting rights in the TC (specify holding in each category) acquired / sold	-	-	
d) Shares encumbered/invoked/released by the acquirer	-	-	-
e) Total (a+b+c+d)	92,57,638	8.52%	8.52%
After the acquisition/ disposal/transfer, holding of transferor:			
a) Shares carrying voting rights	21,74,120	2.00%	2.00%
b) Shares encumbered with the acquirer	-	-	-

c) VRs otherwise than by shares			
d) Warrants/convertible securities/any other instrument that entitles the acquirer to receive shares carrying voting rights in the TC (specify holding in each category)	-	-	-
e) Total (a+b+c+d)	21,74,120	2.00%	2.00%
Mode of acquisition / transfer (e.g. open market/ off-market/ public issue / rights issue / preferential allotment / inter-se transfer etc.)	Off-Market inter-se transfer amongst the qualifying persons being immediate relatives, by way of gift, without any consideration, covered under Regulation 10(1)(a)(i) of Takeover Regulations.		
Date of acquisition / transfer of shares/ VR or date of receipt of intimation of allotment of shares, whichever is applicable	Date of Transfer: 20 th Aug 2025		
Equity share capital/ total voting capital of the TC before the said acquisition / transfer	Rs. 54,35,29,980/- divided into 10,87,05,996 equity shares of Rs. 5/- each.		
Equity share capital/ total voting capital of the TC after the said acquisition / transfer	Rs. 54,35,29,980/- divided into 10,87,05,996 equity shares of Rs. 5/- each.		
Total diluted share/voting capital of the TC after the said acquisition / transfer	Rs. 54,35,29,980/- divided into 10,87,05,996 equity shares of Rs. 5/- each.		



Namita Gautam

Transferor/ Donor/ Member of Promoter Group

Date: 22 Aug 2025

Place: New Delhi