

DocMode Health Technologies Limited

(Previously known as Docmode Health Technologies Private Limited)

Reg Office : 307, Shivai Plaza,
Marol Cooperative Industrial Estate
Road, Sagbag, Marol, Andheri East,
Mumbai - 400059, Maharashtra.

CIN : L74999MH2017PLC297413

Contact no : +91 90821 70046

Email : support@docmode.org

Website : www.docmode.org



www.docmode.org

Transforming Learning and Practice

Date: 24/11/2025

To,
The Manager / Secretary – Listing,
National Stock Exchange of India Limited,
Exchange Plaza, Bandra Kurla Complex,
Bandra (E), Mumbai – 400 051
NSE Symbol: **DHTL**

Subject: Disclosure as per Regulation 7(2)(b) of SEBI (Prohibition of Insider Trading) Regulations, 2015.

Dear Sir/ Madam,

Pursuant to Regulation 7(2)(b) of SEBI (Prohibition of Insider Trading) Regulations, 2015, we are enclosing herewith the Disclosure received by the Company under Regulation 7(2)(a) of PIT Regulations, dated 24/11/2025 from Mr. Paulson Paul Thazhathedath, Promoter of the Company, in Form C in respect of following disposal of Equity Shares of the Company:

Date	No of Equity Shares	Mode
21/11/2025	44,403	Off Market

We request you to kindly take the above disclosure on your records.

Thanking you,

Yours faithfully,

FOR DOCMODE HEALTH TECHNOLOGIES LIMITED

PAULSON PAUL THAZHATHEDATH
WHOLETIME DIRECTOR
DIN: 02301881

PAULSON PAUL THAZHATHEDATH

Flat No 16/17, Anand Bhavan, S.V.P. Road, Opp. Dominos Pizza, Borivali West, Mumbai – 400103, Maharashtra, India

Date: 24/11/2025

To,
The Manager / Secretary – Listing,
National Stock Exchange of India Limited,
Exchange Plaza, Bandra Kurla Complex,
Bandra (E), Mumbai – 400051
NSE Symbol: **DHTL**

**Subject: Disclosure under Regulation 7(2)(a) of Securities Exchange Board of India (Prohibition of Insider Trading) Regulations, 2015
(‘SEBI (PIT) Regulations, 2015’)**

Dear Sir/ Madam,

With reference to the above captioned subject, please note that I, Paulson Paul Thazhathedath, Promoter of Docmode Health Technologies Limited, hereby submit the Disclosure under Regulation 7(2)(a) of Securities Exchange Board of India (Prohibition of Insider Trading) Regulations, 2015 (‘SEBI (PIT) Regulations, 2015’), for the disposal of 44,403 Equity Shares representing 1.41% of the paid-up equity share capital of Docmode Health Technologies Limited.

In this connection, please find below the intimation in the prescribed format as required under 7(2)(a) of Securities Exchange Board of India (Prohibition of Insider Trading) Regulations, 2015.

Kindly acknowledge the receipt.

Thanking you,

Yours faithfully,

Yours faithfully,

PAULSON PAUL THAZHATHEDATH
PROMOTER

PAULSON PAUL THAZHATHEDATH

Flat No 16/17, Anand Bhavan, S.V.P. Road, Opp. Dominos Pizza, Borivali West, Mumbai – 400103, Maharashtra, India

FORM C**Securities and Exchange Board of India (Prohibition of Insider Trading) Regulations, 2015 [Regulation 7 (2) read with Regulation 6(2)]****Name of the company:** Docmode Health Technologies Limited**ISIN of the company:** INE0OGG01015**Details of change in holding of Securities of Promoter, ~~Member of the Promoter Group, Designated Person or Director of a listed company and immediate relatives of such persons and other such persons as mentioned in Regulation 6(2).~~**

Name, PAN, CIN/DIN, & address with contact nos.	Category of Person (Promoter/member of the promoter group/designated person/Directors/immediate relative to/others etc.)	Securities held prior to acquisition/disposal		Securities acquired /Disposed				Securities held post acquisition/disposal		Date of allotment advice/acquisition of shares/ disposal of shares, specify		Date of intimation to company	Mode of acquisition/disposal (on market/ public/ rights/ preferential offer/ off market/ Inter-se transfer, ESOPs, etc.)	Exchange on which the trade was executed
		Type of securities (For eg. – Shares, Warrants, Convertible Debentures, Rights entitlements etc.)	No. and % of share holding	Type of securities (For eg. – Shares, Warrants, Convertible Debentures, Rights entitlement, etc.)	No.	Value	Transaction Type (Purchase /sale /pledge / Revocation / Invocation / Others – please specify)	Type of securities (For eg. – Shares, Warrants, Convertible Debentures, Rights entitlement, etc.)	No. and % of shareholding	From	To			
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15

PAULSON PAUL THAZHATHEDATH

Flat No 16/17, Anand Bhavan, S.V.P. Road, Opp. Dominos Pizza, Borivali West, Mumbai – 400103, Maharashtra, India

Name: Paulson Paul Thazhatheda th PAN: AFGPT9203 D Address: Flat No 16/17, Anand Bhavan, S.V.P Road, Opp. Dominos Pizza, Borivali (West), Mumbai - 400103 Contact No.: 9920923338	Promoter	Equity Shares	5,58,7 85 (17.77 %) includi on pledge shares (2,69, 462)(8 .57%)	Equity Shares	44,403 Equity Shares (1.41%)	INR 49,82,016.6	Invocation	Equity Shares	5,14,382 Equity Shares (16.36%)	21/11/2 025	21/11/2 025	24/11/2025	Off Market	NA
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Note: (i) “Securities” shall have the meaning as defined under regulation 2(1)(i) of SEBI (Prohibition of Insider Trading) Regulations, 2015.

(ii) Value of transaction excludes taxes/brokerage/any other charges

Details of trading in derivatives on the securities of the company by Promoter, member of the promoter group, designated person or Director of a listed company and immediate relatives of such persons and other such persons as mentioned in Regulation 6(2).

Trading in derivatives (Specify type of contract, Futures or Options etc.)						Exchange on which the trade was executed
Type of contract	Contract specifications	Buy		Sell		
		Notional Value	Number of units (contracts * lot size)	Notional Value	Number of units (contracts * lot size)	
16	17	18	19	20	21	22
NIL						

Note: In case of Options, notional value shall be calculated based on Premium plus strike price of options.

PAULSON PAUL THAZHATHEDATH

Flat No 16/17, Anand Bhavan, S.V.P. Road, Opp. Dominos Pizza, Borivali West, Mumbai – 400103, Maharashtra, India

Yours faithfully,

PAULSON PAUL THAZHATHEDATH
PROMOTER

Place: Mumbai

Date: 24/11/2025