



Date: September 28, 2026

To,

National Stock Exchange of India Limited,
Exchange Plaza, C-1, Block G,
Bandra Kurla Complex, Bandra (E),
Mumbai – 400 051

BSE Limited,
20th Floor, P.J. Towers,
Dalal Street,
Mumbai - 400001.

NSE Scrip Symbol: MANIPALHOS

BSE Scrip Code: 544847

Subject: Intimation of Closure of Trading Window under SEBI (Prohibition of Insider Trading) Regulations, 2015 (“PIT Regulations”).

Dear Sir/Madam,

This is to inform you that in accordance to the Securities and Exchange Board of India (Prohibition of Insider Trading) Regulations, 2015, as amended and the Manipal Health Enterprises Limited (Formerly Manipal Health Enterprises Private Limited) (the“ Company”) Code of Conduct for Regulating, Monitoring and Reporting of Trading by Insiders, the Trading Window for dealing in Securities of the Company shall remain closed with effect from Thursday, October 01, 2026 and shall re-open after 48 hours from the announcement of the financial results of the Company for the quarter and half-year ended September 30, 2026.

Accordingly, all Designated Persons, their immediate relatives, and other Insiders are advised not to deal in the equity shares of the Company during the aforesaid period.

This intimation is being submitted for your information and records.

This information will be uploaded on the website of the Company also and can be accessed using the link:

<https://www.manipalhospitals.com>

Thank you.

For Manipal Health Enterprises Limited
(Formerly Manipal Health Enterprises Private Limited)

Sathish K R

Company Secretary and Compliance Officer

Membership No.: A15203