

Date: August 5, 2026

To,

BSE Limited,
20th Floor, P.J. Towers,
Dalal Street,
Mumbai - 400001.

National Stock Exchange of India Limited,
Exchange Plaza, C-1, Block G,
Bandra Kurla Complex, Bandra (E),
Mumbai – 400 051

BSE Scrip Code: 544847

NSE Scrip Symbol: MANIPALHOS

Subject: Intimation of Closure of Trading Window under SEBI (Prohibition of Insider Trading) Regulations, 2015 (“PIT Regulations”).

Dear Sir/Ma’am,

This is to inform you that in accordance to the Securities and Exchange Board of India (Prohibition of Insider Trading) Regulations, 2015, as amended and the Manipal Health Enterprises Limited (“**the Company**”)'s Code of Conduct for Regulating, Monitoring and Reporting of Trading by Insiders, the Trading Window for dealing in Securities of the Company shall remain closed with effect from August 05, 2026 and shall re-open after 48 hours from the announcement of the financial results of the Company for the quarter ended June 30, 2026.

Accordingly, all Designated Persons, their immediate relatives, and other Insiders are advised not to deal in the equity shares of the Company during the aforesaid period.

This intimation is being submitted for your information and records. Kindly take the same on record.

For Manipal Health Enterprises Limited

(formerly known as Manipal Health Enterprises Private Limited)

Sathish K R

Company Secretary and Compliance Officer

Membership No.: A15203