

Format of holding of specified securities

JEENA SIKHO LIFECARE LIMITED

1. Name of Listed Entity:
2. Scrip Code/Name of Scrip/Class of Security
3. Share Holding Pattern Filed under: Reg. 31(1)(a)/Reg. 31(1)(b)/Reg.31(1)(c)
 - a. If under 31(1)(b) then indicate the report for Quarter ending
 - b. If under 31(1)(c) then indicate date of allotment/extinguishment
4. Declaration: The Listed entity is required to submit the following declaration to the extent of submission of information:-

Reg.31(1)(a)

13/04/2022 (Post Issue)

Particulars	Yes *	No *
1. Whether the Listed Entity has issued any partly paid up shares?	Yes *	No
2. Whether the Listed Entity has issued any Convertible Securities or Warrants?		No
3. Whether the Listed Entity has any shares against which depository receipts are issued?		No
4. Whether the Listed Entity has any shares in locked-in?	Yes	
5. Whether any shares held by promoters are pledge or otherwise encumbered?		No

* If the Listed Entity selects the option 'No' for the questions above, the columns for the partly paid up shares, Outstanding Convertible Securities/Warrants, depository receipts, locked-in shares, No of shares pledged or otherwise encumbered by promoters, as applicable, shall not be displayed at the time of dissemination on the Stock Exchange website. Also wherever there is 'No' declared by Listed Entity in above table the values will be considered as 'Zero' by default on submission of the format of holding of specified securities.

5. The tabular format for disclosure of holding of specified securities is as follows:-



Category	Category of shareholder	Nos. of shareh olders	No. of fully paid up equity shares held	No. of Partly paid up equity shares held	No. of shares underly ing Deposito ry Receipts	Total nos. shares held (VII)=(IV)+(V) (VII)	Shareholdin g as a % of total no. of shares (calculated as per SCRR, 1957) As a % of (A+B+C2)	Number of Voting Rights held in each class of securities			No. of Shares Underlying & convertible securities (including Warrants)	Sharehold ing, as a % assuming full conversio n of (including convertible & securities as a percentag e of (VII)+(X))	Number of Locked in shares		Number of Shares pledged or otherwise encumbered		Number of equity shares held in dematerialize d form
								No of Voting Rights		Total as a % of (A+B+C)			No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	
								Class (equity)	Class (debt)								
(I)	(II)	(III)	(IV)	(V)	(VI)	(VII)	(VIII)	(IX)			(X)	(XI)	(XII)		(XIII)		(XIV)
(A)	Promoter & Promoter <i>(Group)</i>	6	9100000	0	0	9100000	65.89	9100000	9100000	65.89	0	65.89	9100000	65.89	0	0	9100000
(B)	Public	1945	4711192	0	0	4711192	34.11	4711192	4711192	34.11	0	34.11	10111192	7.32	0	0	4711192
(C)	Non Promoter- Non <i>Resident</i>	0	0	0	0	0	0.00	0	0	0.00	0	0.00	0	0	0	0	0
(C1)	Shares underlying DRs	0	0	0	0	0	0.00	0	0	0.00	0	0.00	0	0	0	0	0
(C2)	Shares held by Employee <i>Trusts</i>	0	0	0	0	0	0.00	0	0	0.00	0	0.00	0	0	0	0	0
	Total	1951	13811192	0	0	13811192	100.00	13811192	13811192	100.00	0	100.00	10111192	73.21	0	0.00	13811192



Table II - Statement showing shareholding pattern of the Promoter and Promoter Group

Category & Name of the Shareholders	Entity type of promoter OR group entity (except promoter)	No. of fully paid up equity shares held	Partly paid up equity shares held	No. of shares underlying Depository Receipts	Total Shareholding nos. calculated as per SCRR, 1957 As a % of (A+B+C2)	Number of Voting Rights held in each class of securities			No. of Shares Underlying Outstanding conversion of convertible securities (as a percentage of diluted share capital) as a % of A+B+C2	Number of Locked In shares		Number of Shares pledged or otherwise encumbered		Number of equity shares held in dematerialized form			
						Class X	Class Y	Total		No. (a)	As a % of total shares held (b)	No. (a)	As a % of total shares held (b)				
(i)	(ii)	(iv)	(v)	(vi)=(iv)+(v)+(vi)	(viii)	(ix)	(x)	(xi)	(xii)	(xiii)	(xiv)						
1	Indian																
(a)	Individual/Hindu Undivided Family	6	9100000	0	9100000	65.89	9100000	0	9100000	65.89	0	65.89	9100000	100.00	0	0.00	9100000
	MANISH GROVER	Promoter	9005360	0	9005360	65.20	9005360	9005360	65.20	0	65.20	9005360	98.96	0	0.00	9005360	
	BHAVYA GROVER	Promoter	91000	0	91000	0.66	91000	91000	0.66	0	0.66	91000	1.00	0	0.00	91000	
	SHREYA GROVER	Promoter	910	0	910	0.01	910	910	0.01	0	0.01	910	0.01	0	0.00	910	
	AKANSHA JAIN	Promoter	910	0	910	0.01	910	910	0.01	0	0.01	910	0.01	0	0.00	910	
	SAHIL JAIN	Promoter	910	0	910	0.01	910	910	0.01	0	0.01	910	0.01	0	0.00	910	
	MUKESH GROVER	Promoter	910	0	910	0.01	910	910	0.01	0	0.01	910	0.01	0	0.00	910	
(b)	Central Government/State Government	0	0	0	0	0.00	0	0	0.00	0	0.00	0	0.00	0	0.00	0	
(c)	Financial Institutions/Banks	0	0	0	0	0.00	0	0	0.00	0	0.00	0	0.00	0	0.00	0	
(d)	Any Other (Specify)	0	0	0	0	0.00	0	0	0.00	0	0.00	0	0.00	0	0.00	0	
	Sub Total (A)(1)	6	9100000	0	9100000	65.89	9100000	0	9100000	65.89	0	65.89	9100000	100.00	0	0.00	9100000
2	Foreign																
(a)	Individual/Non Resident Individual/Foreign Individual	0	0	0	0	0.00	0	0	0.00	0	0.00	0	0.00	0	0.00	0	
(b)	Government	0	0	0	0	0.00	0	0	0.00	0	0.00	0	0.00	0	0.00	0	
(c)	Institutions	0	0	0	0	0.00	0	0	0.00	0	0.00	0	0.00	0	0.00	0	
(d)	Foreign Portfolio Investor	0	0	0	0	0.00	0	0	0.00	0	0.00	0	0.00	0	0.00	0	
(e)	Any Other (Specify)	0	0	0	0	0.00	0	0	0.00	0	0.00	0	0.00	0	0.00	0	
	Sub Total (A)(2)	0	0	0	0	0.00	0	0	0.00	0	0.00	0	0.00	0	0.00	0	
	Total Shareholding of Promoter and Promoter Group (A)-(A)(1)+(A)(2)	6	9100000	0	9100000	65.89	9100000	0	9100000	65.89	0	65.89	9100000	100.00	0	0.00	9100000



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Table III - Statement showing shareholding pattern of the Public shareholder

Category & Name of the Shareholders	No. of shares held	No. of fully paid-up equity shares held	Partly paid-up equity shares held	No. of shares underlying Depository Receipts	Total nos. shares held	Shareholding % As a % of [A+B+C]	Number of Voting Rights held in each class of securities			No. of Shares Underlying Outstanding Full conversion of convertible securities (as a percentage of diluted)	Total Number of Locked in shares	As a % of total Shares held		Number of Shares pledged or otherwise encumbered	Number of Shares held in dematerialized form
							Class X	Class Y	Total			No. (b)	No. (c)		
(i)	(ii)	(iv)	(v)	(vi)	(vii)	(viii)	(ix)			(x)	(xi)	(xii)	(xiii)	(xiv)	(xv)
1	Institutions														
(a)	Mutual Fund	0	0	0	0	0.0000	0	0	0.0000	0	0	0.00	0	0.0000	0
(b)	Venture Capital Funds	0	0	0	0	0.0000	0	0	0.0000	0	0	0.00	0	0.0000	0
(c)	Alternative Investment Funds	0	0	0	0	0.0000	0	0	0.0000	0	0	0.00	0	0.0000	0
(d)	Foreign Venture Capital Investor	0	0	0	0	0.0000	0	0	0.0000	0	0	0.00	0	0.0000	0
(e)	Foreign Portfolio Investors	0	0	0	0	0.0000	0	0	0.0000	0	0	0.00	0	0.0000	0
(f)	Financial Institutions/Banks	0	0	0	0	0.0000	0	0	0.0000	0	0	0.00	0	0.0000	0
(g)	Insurance Companies	0	0	0	0	0.0000	0	0	0.0000	0	0	0.00	0	0.0000	0
(h)	Provident Fund/Pensioners	0	0	0	0	0.0000	0	0	0.0000	0	0	0.00	0	0.0000	0
(i)	Any Other Society	0	0	0	0	0.0000	0	0	0.0000	0	0	0.00	0	0.0000	0
2	Sub Total (B1)	0	0	0	0	0.0000	0	0	0.0000	0	0	0.00	0	0.0000	0
	Central Government/State Government/President of India	0	0	0	0	0.0000	0	0	0.0000	0	0	0.00	0	0.0000	0
	Sub Total (B2)	0	0	0	0	0.0000	0	0	0.0000	0	0	0.00	0	0.0000	0
3	Non-institutions Holding Shares Capital Up to 2 Lacs	17340	2208000	0	2208000	15.9870	2208000	0	15.9870	0	0	0.00	0	0.0000	2208000
(a)	Holding Shares Capital Above 2 Lacs	14	561000	0	561000	4.0619	561000	0	4.0619	0	0	0.00	0	0.0000	561000
(b)	Holding Registered with RBI	0	0	0	0	0.0000	0	0	0.0000	0	0	0.00	0	0.0000	0
(c)	Employee Trusts	0	0	0	0	0.0000	0	0	0.0000	0	0	0.00	0	0.0000	0
(d)	Any other Society	0	0	0	0	0.0000	0	0	0.0000	0	0	0.00	0	0.0000	0
(e)	Bank Corporate	10	1099192	0	1099192	11.5355	1099192	0	11.5355	0	0	0.00	0	0.0000	1099192
(f)	Bank Corporate	10	1099192	0	1099192	7.7215	1099192	0	7.7215	0	0	0.00	0	0.0000	1099192
	UNITED	0	0	0	0	0.0000	0	0	0.0000	0	0	0.00	0	0.0000	0
	MANUJAN SECURITIES AND FINANCE LIMITED MANSUKH	0	306000	0	306000	2.2156	306000	0	2.2156	0	0	0.00	0	0.0000	306000
	M/S PREMAH FINANCIAL SERVICES LIMITED - PRODHAN ACCOUNT	0	186000	0	186000	1.3467	186000	0	1.3467	0	0	0.00	0	0.0000	186000
(a)	Non Resident Indians	22	270000	0	270000	0.5141	270000	0	0.5141	0	0	0.00	0	0.0000	270000
(b)	Resident Indians	161	278000	0	278000	2.0129	278000	0	2.0129	0	0	0.00	0	0.0000	278000
(c)	Trusts	0	0	0	0	0.0000	0	0	0.0000	0	0	0.00	0	0.0000	0
(d)	Chartered Member/Physique	0	0	0	0	0.0000	0	0	0.0000	0	0	0.00	0	0.0000	0
(e)	Foreign Companies	0	0	0	0	0.0000	0	0	0.0000	0	0	0.00	0	0.0000	0
(f)	IFEP	0	0	0	0	0.0000	0	0	0.0000	0	0	0.00	0	0.0000	0
(g)	Foreign Account	0	0	0	0	0.0000	0	0	0.0000	0	0	0.00	0	0.0000	0
(h)	IFEP	0	0	0	0	0.0000	0	0	0.0000	0	0	0.00	0	0.0000	0
(i)	Others	0	0	0	0	0.0000	0	0	0.0000	0	0	0.00	0	0.0000	0
(xv)	Sub Total (B3)	1345	4711192	0	4711192	34.1114	4711192	0	34.1114	0	0	0.00	0	0.0000	4711192
(xvi)	Total Shareholding	1345	4711192	0	4711192	34.1114	4711192	0	34.1114	0	0	0.00	0	0.0000	4711192
(B) = (B1)+(B2) + B (3)		1345	4711192	0	4711192	34.1114	4711192	0	34.1114	0	0	0.00	0	0.0000	4711192

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Table IV - Statement showing shareholding pattern of the Non Promoter - Non Public shareholder

Category A: Name of the Shareholders	No. of sharehold er	No. of fully paid up equity shares held	Party paid-up equity shares held	Nos. of shares underlying Depository Receipts	Total no. shares held	Sharehol ding % calculate d as per SCRR, 1957 As a % of (A+B+C2)	Number of Voting Rights held in each class of securities			No. of Shares Outstanding convertible securities (including Warrants)	Total shareholdin g, as a % assuming full conversion of convertible securities (as a percentage of diluted share capital)	Number of Locked In shares		Number of Shares pledged or otherwise		Number of equity shares held in dematerializ ed form (Not Applicable)	
							No of Voting Rights					Total as a % of Total Voting rights	No.	As a % of total Shar es held	No. (Not applicabl e)		As a % of total shares applic able
							Class X	Class Y	Total								
(i)	(iii)	(iv)	(v)	(vi)	(vii)=(iv) +(v)+(vi)	(viii)	(ix)			(x)	(xi)=(vii)+(x)	(xii)	(xiii)	(xiv)			
C1 Custodian/DK holder	0	0	0	0	0	0	0	0	0	0.00	0	0	0.00	0	0.00	0	
C2 Employees Benefit Trust (Under SEBI Regulation 2014)	0	0	0	0	0	0	0	0	0	0.00	0	0	0.00	0	0.00	0	
Total Non Promoter Non Public Shareholding (C)= (C1)+(C2)	0	0	0	0	0	0	0	0	0	0.00	0	0	0.00	0	0.00	0	

Nil


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